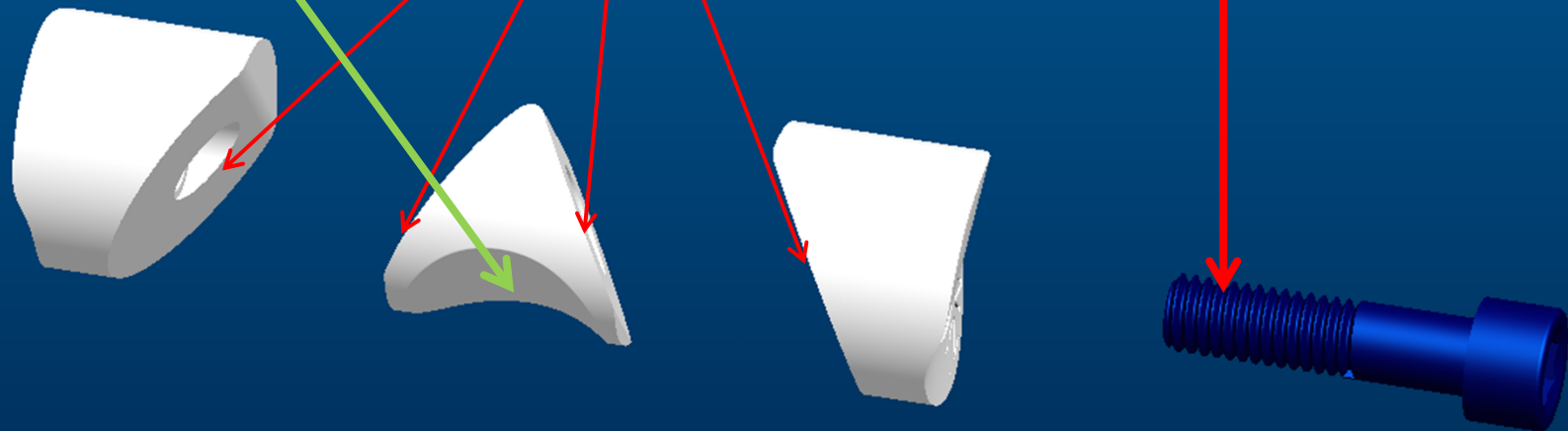


3- this surface and sand finish seat post surface must be dry and clean w/o grease

2- it's possible to use grease on sliding surface. Keep the other parts dry and clean.

1-Use grease on thread



Max. tightening torque 10Nm